



# COURS COLLECTIFS



## AQUA

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
9h15 AquaGym	9h15 aquabodybike	9h15 aquadynamic	9h15 AquaGym	9h15 aquawork	9h15 AQUA BODYBIKE CORE
10h15 aquadynamic	10h15 AquaGym	10h15 AQUA BODYBIKE CORE	10h15 aquacombat <b>NEW</b>	10h15 AquaGym	10h15 aquadynamic
11h15 aquabodybike	11h15 AQUA ZUMBA	11h15 aquawork	11h15 aquabodybike		
12h30 AQUA RUNNING		12h30 AQUA BODYBIKE XL	12h30 aquawork		
		14h30 AquaKids			
17h30 AquaGym	17h30 aquadynamic	17h30 aquabodybike	17h30 AQUA RUNNING	17h30 AQUA BODYBIKE CORE	
18h30 aquawork	18h30 aquacombat <b>NEW</b>		18h30 AQUA BODYBIKE CORE	18h30 AquaGym	
19h30 AQUA BODYBIKE XL	19h30 AQUA RUNNING		19h30 aqua tonus		